



# CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5:00pm-5:50pm</b> <b>BEGINNER</b> White to Orange Stripe	<b>5:00pm-5:50pm</b> <b>BEGINNER</b> White to Orange Stripe	<b>5:00pm-6:00pm</b> SPARRING TECHNIQUES ALL BELTS AGE 4-8	<b>G Y M  C L O S E D</b>	<b>5:00pm-6:00pm</b> <b>SPARRING</b> ALL BELTS AGE 4-8	<b>10:00am-11am</b> <b>ALL LEVELS</b> <b>ALL AGES</b>	<b>G Y M  C L O S E D</b>
<b>5:50pm-6:40pm</b> <b>INTERMEDIATE</b> Green to Purple Stripe	<b>5:50pm-6:40pm</b> <b>INTERMEDIATE</b> Green to Purple Stripe	<b>6:00pm-7:00pm</b> SPARRING TECHNIQUES ALL BELTS AGE 9-12		<b>6:00pm-7:00pm</b> <b>SPARRING</b> ALL BELTS AGE 9-12	<b>11:00am-12pm</b> <b>SPECIAL CLASS</b>	
<b>6:40pm-7:30pm</b> <b>ADVANCE</b> Blue to Black	<b>6:40pm-7:30pm</b> <b>ADVANCE</b> Blue to Black	<b>7:00pm-8:00pm</b> SPARRING TECHNIQUES ALL BELTS & ALL ADULTS AGE 13 & UP		<b>7:00pm-8:00pm</b> <b>SPARRING</b> ALL BELTS & ALL ADULTS AGE 13 & UP		
<b>7:30pm-8:30pm</b> <b>ADULT</b> <b>ALL BELTS</b> AGE 13 & UP	<b>7:30pm-8:30pm</b> <b>ADULT</b> <b>ALL BELTS</b> AGE 13 & UP					

\*\*\*Effective September 28, 2015

\*\*\*Please note that this schedule is subject to change.